

#### Welcome



- 1. Agenda
- 2. Ground Rules
- 3. Introductions



### **Objectives**



- Assess your current financial situation
- Identify ways to increase income and decrease and prioritize expenses
- Develop a financial recovery plan



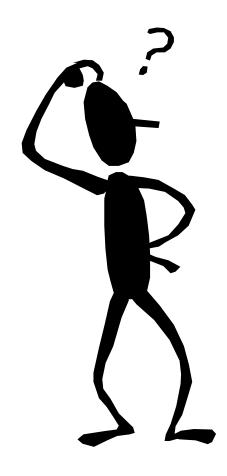
### **Objectives**



- Identify steps to successfully implement a financial recovery plan
- Recognize how to guard against credit repair scams
- Identify timeframes to review and adjust your financial recovery plan



#### What Do You Know?



What do you know or want to learn about financial recovery?



### Steps to Financial Recovery

- 1. Evaluate Your Current Financial Situation
- 2. Develop a Financial Recovery Plan
- 3. Implement Your Plan
- 4. Evaluate and Adjust Your Plan





### **Step 1: Evaluate Your Current Financial Situation**

- Assess your current financial situation
  - Examine your income and expenses
  - Track your spending





## **Activity 1: Monthly Income and Expenses**

Complete Activity 1 in the Participant Guide.



- 1. Read the scenario
- 2. Review the Monthly Income and **Expense Worksheet**
- 3. Answer the questions provided



#### Monthly Income and Expenses

- Consider ways you can:
  - Increase your income
  - Decrease your expenses
- Prioritize your expenses:
  - Pay basic necessities first
  - Pay high-priority expenses next
  - Pay remaining expenses last





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# Step 2: Develop a Financial **Recovery Plan**

- A financial recovery plan:
  - Helps you save money, pay your bills, and eliminate or reduce your debt
  - Should include financial goals and a spending plan



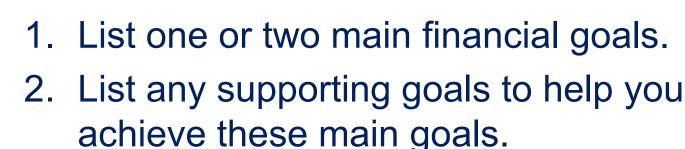
#### **Set Financial Goals**

- 1. Identify & write down your financial goals
  - Make sure they are **S**pecific, **M**easurable, Attainable/achievable, Relevant, Time-bound
- 2. Organize your goals by timeframes
- 3. Evaluate your progress and reevaluate your goals regularly

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### **Activity 2: My Financial Goals**

#### Complete Activity 2 in the Participant Guide.



3. Make sure they are SMART goals.



### Develop a Spending Plan





- Helps you know what your income and expenses are every month
- Reduces the anxiety of not being able to meet your expenses
- Gives you a sense of control over your money
- Helps you build assets that will improve the quality of life for you and your family



### **Step 3: Implement Your Plan**

- It is time to put your plan in action once you have:
  - Evaluated your current financial situation
  - Established your financial goals
  - Developed a financial recovery plan



#### Seek Assistance

- Contact local, state, and national assistance programs
- Check regardless of income level!
- Refer to:
  - www.recovery.gov
  - www.govbenefits.gov
  - www.makinghomeaffordable.gov



#### Rebuild Your Credit

- If repairing your own credit:
  - Order a copy of your credit report
  - Identify and correct any errors
  - Contact your creditors to explain your situation
  - Negotiate payment plans with your creditors when you have some money to pay them
  - Opt-out of receiving unsolicited offers for credit cards



### Get a Copy of Your Credit Report

 Order a free credit report from each credit bureau once every 12 months through www.annualcreditreport.com





#### **Check for Errors**

- If you think there is an error on your credit report:
  - Contact the credit reporting agency
  - Write a letter disputing the error and keep a copy of the letter for your records
- The credit reporting agencies are required to conduct an investigation within 30 days of receiving your letter.



#### **Before Contacting Your Creditors**

#### Determine:

- How much you owe each creditor
- How much you can pay each creditor
- When you can realistically pay each creditor

#### Be prepared to:

- Explain your situation and any efforts you are making to pay them
- Have a plan for when you realistically can pay them

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#### **Contact Your Creditors**

- Document the conversation or write a letter to your creditor
- Stay calm
- Ask about "hardship" programs
- Be honest with yourself and the creditor
  - Do not accept any deal you cannot fulfill





### Using a Credit Counseling Agency

- An agency might be right for you if you:
  - Need help creating a spending plan
  - Are not disciplined enough to stick to a spending plan
  - Prefer not to negotiate with your creditors or cannot work out an acceptable repayment plan with them
  - Are unable to keep track of bills



### Using a Credit Counseling Agency

- A credit counseling agency can help you:
  - Manage your money and debts
  - Develop a spending plan
  - Learn about consumer credit, money and debt management, and budgeting





### **Credit Repair Scams**

- No one can remove accurate information from your credit report.
- It can take years to repair bad credit legitimately.
- No one can create a new identity for you.
- Legitimate companies provide a service before requesting payment.
- You can order your credit report yourself.

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### Step 4: Review and Adjust Your Plan

- Consider reviewing your:
  - Spending plan after implementing it and periodically thereafter (e.g., every 6 months)
  - Financial goals and spending priorities every 12 months, or after any life changing events
  - Credit report at least every 12 months and before applying for a loan



### Adjust Your Financial Recovery Plan

- When your income and/or expenses change
- When you accomplish, adjust, or create a new financial goal
- When you transition to a new life stage
- Before something unexpected happens



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## Review and Adjust Your Insurance Coverage

- Review your coverage at least once a year
  - How much and what type of insurance you need depends on your circumstances
  - Know what natural disasters are covered by your standard homeowners insurance policy and make sure you are adequately protected





## Review and Rebuild Your Investments

- Review your investment portfolio:
  - At least once a year
  - When you experience any major life change
  - When the market changes
- Adjust your allocations, considering:
  - How soon you need the money
  - Your risk tolerance



### Rebuild Your Savings

#### Save money:



- To pay for extra expenses without disrupting or derailing you from your financial recovery plan
- So you can pay for extra expenses and avoid paying the interest and fees you would be charged when using a credit card



#### **Prevent Future Setbacks**

- What are some actions you can take to stay on that road to financial recovery?
  - Rebuild your savings
  - Continue to apply what you have learned
  - Keep moving forward
  - Be patient
  - Educate yourself
  - Ask for help



### **Summary**

What final questions do you have?

What have you learned?

How would you evaluate the training?



#### Conclusion

- You learned about:
  - Developing, implementing, and adjusting a financial recovery plan
  - Identifying ways to increase income and decrease expenses
  - Prioritizing your spending
  - Developing financial goals and a spending plan
  - Rebuilding your credit and how to avoid credit repair scams

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